

Dr. Becky A. Bailey



Becky A. Bailey, Ph.D., is an award-winning author, renowned teacher and internationally recognized expert in childhood education and developmental psychology. Her workshops touch thousands of lives each year, and her top selling book titles have over 100,000 copies in circulation. Dr. Bailey is the founder of Loving Guidance, Inc., a company dedicated to creating positive environments for children, families, schools and businesses. She is also the developer of the Conscious Discipline® program.

Conscious Discipline® is evidence-based, and was named a national model for character education by the Florida state legislature in 2005. It is a social-emotional program that facilitates early childhood and elementary teachers in creating "school families" where children and teachers can reclaim joy, helpfulness and caring as a foundation for the educational process. Conscious Discipline® assists teachers in developing their inner life, empowering them to transform conflict into teaching moments for themselves, their colleagues, and the children and families they serve. Research conducted in schools and centers using Conscious Discipline® shows that it decreases aggression, increases academic scores on state tests, decreases impulsivity/hyperactivity in "difficult" children, increases collegiality of staff, and creates a positive school climate.

Dr. Bailey has authored seven books related to guidance and discipline. Her core publication for parents, *Easy to Love, Difficult to Discipline*, has received national acclaim and is published in seven languages. *Easy to Love, Difficult to Discipline* applies the Conscious Discipline® message to the family unit, offering the support and internal changes adults need to effectively parent their children.

In her passion to empower all people, especially those working with our youngest citizens, Dr. Bailey has established the first Early Childhood Education four-year university degree program in the state of Florida. She was also instrumental in establishing a teacher certification program for Native Americans in New Mexico. Dr. Bailey has raised over \$2 million for children's programs over her years in education. She played an integral role in raising funds, building and equipping a preschool in a tsunami-devastated region of Sri Lanka, and sponsored two Sri Lankan teachers to attend the week-long Conscious Discipline® Summer Institute. She recently established a non-profit organization to provide free training and resources to at-risk families and teachers in memory of her mother, Frances Canipe Bailey.

